

## Parental Ride-along

Driving is a very difficult task and certain activities are particularly dangerous for newly qualified drivers as many of the skills needed to drive safely are still developing post-test no matter how well the driver has been taught. This means anything that makes driving more difficult is potentially very dangerous for a newly qualified driver.

What other things would make the task of driving more difficult for a new driver? A good way to think about this is to look at driving in 4 parts:

**Thinking** - What would distract a driver?

**Doing** - What would influence a driver's coordination?

**Seeing** - What would influence sight?

**Seeing** - What could trigger an emotion that could influence a driver's ability to make decisions or would be a distraction?

## Our Curriculum

The Driving Unlimited curriculum has been specifically designed to address the reasons why newly qualified drivers' crash. The curriculum has a number of targeted exercises that aim to encourage learner drivers to consider the dangers they face after passing their driving test. These issues include:

- Fatigue
- Drugs
- Alcohol
- Speed choices
- Distractions
- The influence of others

As each discussion takes place your learner driver will be given a worksheet like this. If you have the opportunity chat to them about the worksheet, help them to consider the issues and how they would cope in the situations outlined in the worksheets.

Also please recommend your Driving Unlimited instructor to your friends.

**Instructor:**  
**Telephone:**